



## Iowa Gardening

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### The Best Shade-Loving Perennials for Iowa

The following is a list of top recommended shade perennials for Iowa put together by Iowa State University extension horticulture. The first name is the common name, the second name is the scientific name.

Astilbe, False Spirea, *Astilbe   arendsii*  
Baneberry, Snakeberry , *Actea rubra*  
Bear's Breeches, *Acanthus spinosum*  
Bellwort, Merrybells, *Uvalaria grandiflora*  
Bethlehem Sage, Lungwort, *Pulmonaria saccharata*  
Black Snakeroot, Bugbane, *Cimicifuga racemosa*  
Bloodroot, *Sanguinaria canadensis*  
Blue Stars , *Amsonia tabernaemontana*  
Canadian Wild Ginger , *Asarum canadense*  
Cardinal Flower, Scarlet Lobelia, *Lobelia cardinalis*  
Celandine Poppy, *Stylophorum diphyllum*  
Columbine, *Aquilegia hybrids*  
Columbine Meadow Rue , *Thalictrum aquilegifolium*  
Coral Bells , *Heuchera sanguinea*  
Crested Iris, *Iris cristata*  
Dame's Rocket, *Hesperis matronalis*  
Dutchman's Breeches , *Dicentra cucullaria*  
European Ginger, *Asarum europeum*  
False Solomon's Seal, *Smilacina racemosa*  
Foam Flower, *Tiarella cordifolia*  
Fringed Bleeding Heart, *Dicentra eximia*  
Globeflower, *Trollius europaeus*  
Goat's Beard, *Aruncus dioicus*  
Green Dragon, *Arisaema dracontium*  
Hairy Toad Lily, *Tricyrtis hirta*  
Heartleaf Brunnera, Perennial Forget-Me-Not, *Brunnera macrophylla*  
Hellebore, *Helleborus hybrids*  
Hosta, *Hosta*  
Indian Pink, *Spigelia marlandica*  
Jack-in-the-Pulpit, *Arisaema triphyllum*  
Jacob's Ladder, *Polemonium caeruleum*  
Japanese Anemone, Windflower, *Anemone   hybrida*  
Lady's Mantle, *Alchemilla mollis*  
Ladybells, *Adendophora lilifolia*  
Liverleaf, Mouse Ear, *Hepatica acutiloba*  
Masterwort, *Astrantia major*

Mayapple, *Podophyllum peltatum*  
Meadowsweet, *Filipendula palmata*  
Monkshood, Wolfsbane, *Aconitum napellus*  
Old-Fashioned Bleeding Heart, *Dicentra spectabilis*  
Phlox, Creeping, *Phlox stolonifera*  
Phlox, Woodland, *Phlox divaricata*  
Pig Squeak, *Bergenia*, *Bergenia cordifolia*  
Pink Turtlehead, *Chelone lyonii*  
Red Barrenwort, Bishop's Hat, *Epimedium*  $\neq$  *rubrum*  
Rocket *Ligularia*, *Ligularia* 'The Rocket'  
Shooting Star, *Dodecatheon meadia*  
Snowdrop Anemone, *Anemone sylvestris*  
Solomon's Seal, *Polygonatum biflorum*  
Spiderwort, *Tradescantia virginiana*  
Trillium, Wake Robin, *Trillium grandiflorum*  
Trout Lily, *Erythronium americanum*  
Violet, *Viola* spp.  
Virginia Bluebells, *Mertensia virginica*  
Yellow Corydalis, *Corydalis lutea*  
Yellow Loosestrife, *Lysimachia punctata*